



Azienda Ospedaliera Universitaria
"Policlinico Paolo Giaccone"
di Palermo



INTEGRATED HEALTH CARE PATHWAY FOR TYPE 2 DIABETES

Integrated management means the creation of the network between **General practitioners (Family Doctors)**, **"Presidio Territoriale di Assistenza" (PTA – local health care units)** and **Hospitals**. The Professionals involved in this network share a single goal, which is to allow patients to have easier access to examinations and checkups, and help them learn to take care of themselves.

General Practitioners and Paediatricians

Your Family Doctor helps you choose a healthy lifestyle, checks your state of health and decides with you on the most appropriate route to take.

"Presidio Territoriale di Assistenza" (PTA – Local health care units)

It is a new local system of health services designed to provide citizens with a complete and timely response to all health needs in a single facility. The unit offers: specialist examinations, laboratory and diagnostic tests, facilities and dressing material, dedicated outpatient clinics that are accessed through a special "desk for chronic patients", Health Education meetings. Diabetes care can be accessed through the Single Booking Centre (CUP), upon presentation of a valid medical prescription (Italian NHS prescriptions).

Hospitals

With its Departments, Emergency Room and Outpatient Services, the Hospital provides for:

Emergency and Scheduled Admissions: For acute metabolic complications threatening the patient's life or regular hospitalisation.

Outpatient Care by reservation at the Single Booking Centre on request of the family doctor, according to waiting lists.

Simple Discharge pathway

It is a tool through which patients discharged from Hospital or the Emergency Department are placed on the local care pathway to continue their treatment and prevent future relapses and/or hospitalisations.

For further information please contact the Public Relations Office.

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